

*Lighting On the Lawn is  
December 7th. See page  
2 for details.*

# 5th District e-Newsletter

*News and announcements from  
around our community*



**165th Edition**

**Details for the District**

**November 21, 2014**

## Shining Light On An Illuminating Week

**D**ear Neighbor,  
This week at my urging the Council confirmed the \$100,000 budget allocation for pedestrian and traffic signalization improvements on Henry Clay Boulevard. I will be meeting preliminarily with Traffic Engineering after Thanksgiving to get their thoughts. I will then spend time with the neighbors there to hear what solutions they would most like to see as plans develop. Until then please slow down as you traverse the beautiful neighborhoods of our communities.

The Council also voted yesterday on a transaction I have had much interest in. We bought the "Granville" streetlights from Kentucky Utilities for a one time fee. We will still pay for electricity but now won't have to "rent" the fixtures too. This will save money immediately and will give the city the right to decorate the poles as they see fit without permission from anyone. These decorative lights add aesthetic value to downtown and are appreciated by many.

As a follow up to the Ecton Park Sewer Replacement project, here is a brief update about the lights for the park property. I just received a briefing from Parks & Recrea-

tion stating the delay was a result of not having any capital funds to replace the security lights after the sewer project caused them to be removed. There was some discussion regarding whether Parks or Water Quality was responsible for replacing these lights.

Parks staff has now been instructed to utilize money from the Director's budget and issue a purchase order to the electrical contractor to construct the base and run conduit. Once that is done, we will ask Kentucky Utilities to erect new security lights. It will be a while before any construction is actually taking place, but we've started the process internally to make it happen.

As Thanksgiving arrives, the office will be closed for most of the week; but e-mails will be checked and I always try to be available. Some readers will remember that I enjoy Thanksgiving the most. It is a quintessential American holiday celebrating not only our history but our hope. Please enjoy with my best compliments to you all.

My best,  
Bill

## St. Ann Drive "Cut" Set for Repair in Spring of 2015

**D**ue to the time of year and the inability to secure a paving subcontractor, the crossing of St. Ann Drive with construction of the Idle Hour Trunk Sewer will not be resurfaced per final restoration specifications until the Spring of 2015. The roadway cut, approximately 14 feet deep, will be temporarily surfaced with bituminous concrete base for the winter months. The contractor will return in the Spring of 2015 for permanent pavement restoration. The surface will be drivable and will be able to be plowed clean of snow. No steel plates will be in place or use. The contractor will be responsible for maintenance (pothole repair) until final paving is in place.

The St. Ann Drive entrance to Idle Hour Park will be closed for vehicular traffic and pedestrian traffic through the same period. This entrance to the park will be stabilized with gravel for construction traffic or emergency access as required. The St. Ann Drive entrance is being used for concurrent construction projects under the Division of Water Quality and the Division of Parks and Recreation.



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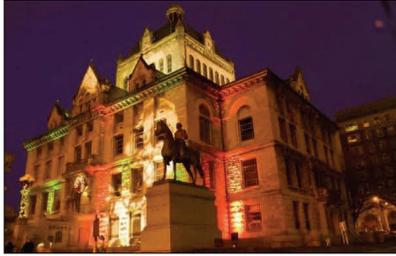
### Bullet Points of Interest:

- [Dress for Success Lexington](#)'s big sale will continue this Saturday with VIP shopping starting at 9:00 a.m. with a \$20 donation and opening to the public from 10:00 a.m. until 5:00 p.m. Evening wear, designer items, leather coats, great shoes, separates and more are available with nothing over \$20. Click [here](#) for more information.

- Do you know someone in our community that makes a difference in the lives of others? If so, the Lexington Forum wants to hear about them. Each year the Lexington Forum recognizes an individual that has made a meaningful change in the Bluegrass by giving back to the community through volunteerism. Click [here](#) to register your nominee.

## Lexington Seeks Public Comments for Historic Courthouse Cleanup Grant Application

Lexington is currently seeking public comments on a draft U.S. Environmental Protection Agency Brownfield Program clean-up grant application for the historic Fayette County Courthouse,



*After over 100 years, the Old Courthouse closed its doors in 2012.*

215 West Main Street. The EPA's Brownfields Program provides funds communities can use to clean up and reuse underutilized sites. Lexington is requesting \$200,000. If awarded, these federal funds will be used to help address environmental concerns identified at the Old Courthouse, including lead-based paint, mold, asbestos-containing materials and bird droppings. Addressing environmental concerns is one of the key steps needed to make the Old Courthouse usable again.

The draft application can be viewed on the web at [www.Lexingtonky.gov/brownfields](http://www.Lexingtonky.gov/brownfields) or at the Central Library, 140 East Main Street. A public meeting to accept comments on the application will be held at 5:30 p.m., Monday December 1st, in the third floor Phoenix Building conference room, 101 East Vine Street. Public comments can also be submitted electronically at [brownfields@lexingtonky.gov](mailto:brownfields@lexingtonky.gov).

The historic courthouse was constructed in 1898 to house the County's courts. The courts moved to new courthouses on Limestone Street in 2002. Until it was closed in 2012 because of environmental concerns, the historic courthouse housed the Lexington History Museum, the Lexington Public Safety Museum and the Kentucky Renaissance Pharmacy Museum.

## 5th District Office, LFUCG Taking Time Off for Turkey

The 5th District Office will be closed from Tuesday, November 25th until Monday, December 1st. Lexington-Fayette Urban County Government offices will be closed on Thursday and Friday of next week as well. In addition, the Division of Waste Management will adjust its collection schedule for the upcoming Thanksgiving holiday. Residents who normally receive Thursday pick-up from the Division of Waste Management will be serviced on Wednesday, November 26th, the day before the holiday. No collections will be made on Thanksgiving Day. Friday collections will be made as usual.

Residents who normally receive Thursday pick-up should place their Herbies, Rosies and Lennies out on Tuesday night to ensure collection on Wednesday. Businesses with dumpsters (landfill-bound and recycling) that normally receive Thursday pick-up from the Division of Waste Management will also have their units serviced on Wednesday.

The Gobble Grease Toss, which allows Fayette County residents to recycle their used cooking oil in a safe, environmentally-friendly manner, will be held from 10:00 a.m. until 2:00 p.m. on Friday, November 28th at Henry Clay High School, 2100 Fontaine Road. For more information on this event, please visit [www.lexingtonky.gov/GobbleGreaseToss](http://www.lexingtonky.gov/GobbleGreaseToss).

## Hit a Pothole Lately?

Potholes are often created by the freeze-thaw cycle in winter and by damage caused by snow removal plowing. To report a pothole on a city maintained street, please call Lexcall 311 or (859) 425-2255 or to report a pothole online, click [here](#). To report a pothole on a state maintained road, please call (859) 246-2059 or (859) 246-2355.

## Lighting On the Lawn Is a 5th District Tradition

Beginning November 25th, The Mansion at Ashland, the Henry Clay Estate will be festively decorated in a Star Spangled theme for the holidays. Enjoy guided tours by knowledgeable docents. Click [here](#) for tour times and prices.

On Sunday, December 7th, join your neighbors for the 4th annual Lighting on the Lawn as the estate lights the 100-foot-tall live Norway spruce tree, a 5th District centerpiece for the season. There will be live music and carolers, Starbucks Coffee, Ashland Mistletoe for sale and fun for the whole family. Festivities begin at 4:45 p.m. with the tree lighting at dusk. Directly following, the Mansion will be open for candlelight tours. Click [here](#) to contact Christina Bell for more information.



*Candlelight tours of the Mansion begin on December 7th.*

## Gem Helps Those In Recovery Regain Their Lives

This week's Gem of the District is a non-profit located on Fontaine Road that is worthy of consideration for the 2014 Good Giving Guide Challenge. The program has a history of success and is in need of community support. This week, we sat down with Executive Director Jason Thomas of Shepherd's House and asked him how things are going since their move to the 5th District last year. This is what he had to say.

**Q.** First of all, tell us who you are and what you do.

**A.** Shepherd's House is a 12-18 month, structured, therapeutic, transitional living program for men in recovery from a substance dependence. We were founded in 1986 with the help of the Good Shepherd Episcopal Church; we have worked with over 1,500 individuals and their families. We have been licensed through the state of Kentucky as a Drug and Alcohol Treatment Program.

**Q.** Since Shepherd's House has moved into the location on Fontaine Road, your occupancy is almost full and seems to be a success story in and of itself. Tell us about that and if you are able, shed some light on the lives impacted by a stable home provided by your organization.

**A.** Our Fontaine property is permanent housing for clients that have graduated the program. This means that they have been clean and sober for over a year and have maintained employment for over a year. Each client that makes it to the Fontaine property is a success story!! When they arrive at the program, they are unemployed with no source of income, homeless, little or no contact with their families and have few independent living skills. Again, clients in the Fontaine property are all employed, have started to rebuild relationships with their families and are continuing to learn and implement positive independent living skills. This facility allows our clients a safe and supportive environment to continue with their recovery.

**Q.** How do you see the rehabilitation provided by Shepherd's House as a benefit to the community? What makes your program's dynamic an experience that changes the lives of its participants?

**A.** We believe that our program is successful for a combination of five reasons. First, the length of our program. Many clients cannot stay clean and sober with a 30 day, 3 month or even 6 month program. The length of our program allows clients to practice what they learn on a day to day basis as they learn to "live life on life's terms." Second, is the structure of the program. The rules of the program, phase system and high level of accountability allow clients to integrate structure back into their lives. Third is the therapeutic component of the program. Each client

meets with an individual therapist at least once per week, attends group therapy at least three times per week and has ongoing family therapy if needed.

All graduates receive free aftercare therapy for up to one

year after their graduation. Fourth is the Shepherd's House's tie to the AA/NA program. All clients must attend 90 meetings in 90 days upon their arrival and 5 meetings per week after this. Each client must obtain a sponsor to meet with weekly and begin working the 12 Steps. Finally, all clients are required to work while in the program (or volunteer if they are disabled). This allows them to pay their own bills, begin to clear up some of their debt, teach them to be responsible employees and increases their sense of self-worth.

**Q.** You're part of the Good Giving Guide Challenge, and that's certainly a great way for you to be recognized. Is there anything you might ask for during the course of the year that would help the purpose of Shepherd's House?

**A.** We strive to create a home for our clients that enter the program. Therefore, we appreciate donations that help to make our houses a home, such as linens, bed sheets (twin), pots, pans, cook wear, dishes, small kitchen appliances, etc.

As a non-profit that strives to maintain a balanced budget, monetary donations are always welcome. We are very pleased to be a part of the Good Giving Guide Challenge and encourage everyone to go to [bggives.org](http://bggives.org) to view [our profile](#) and other very important non-profit agencies within our community. This is a great online fundraiser through the Bluegrass Community Foundation and really highlights the work that is being done to help others in Central Kentucky.

**Q.** Do you have any questions or concerns for the 5th District?

**A.** No questions or concerns but we would like to take the time to thank everyone in the area that have helped us to feel welcome. We strive for our clients to be good citizens that strengthen the community. If Shepherd's House can be of service to anyone, please contact us at (859) 252-1939.



*Jason Thomas helps men reestablish their lives after recovering from drug and alcohol addiction.*

FROM THE OFFICE  
OF 5TH DISTRICT  
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## Details for the District

### Luminate Lexington Kicks Off the Holiday Season Downtown

Lexington will kick off the holiday season on Friday, November 28th, in and around Triangle Park. Along with the Unified Trust Company Ice Rink, there will be a Holiday Artist's Market, Holiday Live!, and the Official Tree Lighting Ceremony. The fun-filled day will begin at 10:00 a.m. with skating on the Unified Trust Company Ice Rink. Skaters can take to the ice between the hours of 10:00 a.m. and 10:00 p.m. for a 90-minute session at a cost of \$10. The Unified Trust Company Ice Rink is currently open for the season daily through January 11th.

The Holiday Artist's Market will open in Triangle Park at 2:00 p.m. and will continue until 7:00 p.m. Local artists will be selling their creations including jewelry, woodworks, home décor and more. Holiday Live!, a musical showcase featuring local performing arts groups, will begin at 2:30 p.m. Performances will take place on a stage located on Main Street across from Triangle Park. The entertainment will lead up to the Tree Lighting Ceremony at 6:30 p.m., when Santa and Mayor Gray will turn the key to light up Lexington's official tree at Triangle Park and all over downtown.

Lexington's Christmas Parade will take place on Tuesday, December 2nd, at 7:00 p.m. The evening parade will be held downtown on Main Street between Midland Avenue and Mill Street. Main Street will provide a beautiful backdrop for the parade with white lights sparkling in the trees along the street and in Phoenix Park and the Robert F. Stephens Courthouse Plaza. The review stand and handicap seating area will be located on Main Street near North Limestone. Parade entry applications are still being accepted and can be found at [downtownlex.com](http://downtownlex.com).



*Luminate Lexington brings thousands of people downtown each year.*

The 5<sup>th</sup> District Newsletter is distributed via e-mail to any Lexington resident. I encourage leaders of the 31 active neighborhood associations in the 5<sup>th</sup> District to provide input for the newsletter and to distribute the newsletter to their members. Anyone wishing to receive the newsletter may contact the 5<sup>th</sup> District Council office via e-mail at [bfarmer@lexingtonky.gov](mailto:bfarmer@lexingtonky.gov). If you wish to unsubscribe to the newsletter, e-mail [jgies@lexingtonky.gov](mailto:jgies@lexingtonky.gov).

Chevy Chase

# HOLIDAY OPEN HOUSE

Saturday, November 29<sup>th</sup>  
10:00am-7:30pm



- SPECIAL DISCOUNTS
- ACTIVITIES
- REFRESHMENTS
- VISIT FROM SANTA
- FREE CARRIAGE RIDES
- WINDOW DECORATING CONTEST

UK OPERA THEATRE

## Amahl and the Night Visitors

December 12 & 13

Tomaseen Foley's

## A CELTIC CHRISTMAS

SUNDAY DEC 21, 7:30PM  
SINGLETARY CENTER FOR THE ARTS

All they want for  
**CHRISTMAS**  
Is you!

Give the greatest gift of all, LOVE, this holiday season to the pets and people who make your world merry and bright!

### Pawlidays Gift Shop

Gifts for pets, gifts for people, gifts for people who love pets!  
Open Nov. 12-Dec. 31 in the main Adoption Center lobby.

### Bling for a Cause

Shop Joe Rosenberg Jewelers on Dec. 2 and all sales (up to \$50,000) will be donated to LHS! Treat yourself, your loved ones, and the LHS animals through this generous opportunity. 9am-5pm, 163 E. Main Street, Lexington.

### Sponsor-a-Pet Frames

Sponsor an LHS adoption animal and receive a framed picture ornament to give as a gift. Frames will be hanging in the main Adoption Center and at businesses around town.

### Donation in Honor

Support our life-saving work by making a gift in honor of the pet lover in your life. For information, please contact (859) 233-0044 ext. 238.

### Good Giving Guide Challenge

Nov. 3 - Dec. 12 show your 2014 year-end support of LHS online at [bggives.org](http://bggives.org).

### Adopt

Over 300 animals are hoping to find homes this holiday season. Visit our 2 adoption locations or look online at [AdoptLove.net](http://AdoptLove.net).



Felicity - Adopted October 2014